

New Faculty Bio

Name: Adia R. Louden, PhD, MPH

Position: Assistant Professor

Department of: Health Science



Bio:

Dr. Adia R. Louden is an Assistant Professor of Health Science at Lincoln University. Her research interests include: Black child and adolescent health, Black family health, Black life, Black womanhood, embodied safety, grief studies, racial equity, and violence prevention. By combining public health, writing, storytelling, liberatory research and collaboration, and deep humanism, her work aims to center the unique, rich, and diverse stories and lives of Black children, folx, youth, women, and families.

Dr. Louden's research and public-facing writing, to date, has resulted in numerous editorial-reviewed publications, peer-reviewed publications, public presentations, interdisciplinary collaborations, independent online journalism, and opinion-based commentary.

At Lincoln University, Dr. Louden teaches undergraduate courses in research and evaluation and community health. She is committed to creating a safe, engaging, inclusive, and liberatory learning environment that encourages co-created knowledge, dignity and belonging, critical thinking, accountability, reflection, and mutual growth and collaboration. She actively aims to root herself in a Black feminist love ethic, providing mentorship, service, and teaching in a way that centers care and reciprocity and honors the lives and unique knowledge that everyone brings.

Beyond her teaching and research, Dr. Louden partners with individuals, community members, community-based organizations, and other thought leaders to transform ideas, research, and lived experiences into accessible, engaging content that informs, inspires, and serves diverse audiences.

Before joining Lincoln University, Dr. Louden earned her Ph.D. in Maternal and Child Health, with a minor in Epidemiology, from The University of North Carolina at Chapel Hill, where she was a recipient of multiple fellowships, grants, and scholarships. Before her Ph.D., Dr. Louden completed her MPH in Epidemiology and Certificate in Maternal and Child Health from Emory University. She is also a (very) proud HBCU alumna of Claflin University, where she earned her B.S. in Biology.

When she is not conducting research or teaching, Dr. Louden enjoys long walks, journaling, reading, traveling, going to the movies, all things thriller and horror, solo experiences, and spending time in community with her closest family and friends.

Educational Background:

Ph.D. in Maternal and Child Health, The University of North Carolina at Chapel Hill (2026)

MPH in Epidemiology, Emory University (2019)

B.S. in Biology, Claflin University (2017)

Classes Taught:

Community Health and Aging (HSC 1060)

Research & Evaluation (HSC 3080)

Research Interest:

Black child and adolescent health, Black family health, Black life, Black womanhood, embodied safety, grief studies, racial equity, and violence prevention

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